

KILMEENA GAA CLUB PHYSIOTHERAPY PROCEDURE



01.

INJURY

If a player is injured during a match or training session an injury report must be completed by their manager and club secretary should be informed in case GAA Injury Fund approval is needed.

Please Note: Injury Fund covers post-op physio only
Medical expenses should initially be claimed through private health insurance (if applicable)

02.

INITIAL ASSESSMENT

Players attend an initial assessment with one of the club physios. The physio may recommend a series of rehabilitation exercises or refer player to another medical professional.

If a player is attending another physiotherapist a club officer should be notified prior to treatment

03.

PAYMENT

Kilmeena GAA will pay a maximum of €50 per session for up to 2 sessions.

Player/Parent should retain a copy of all receipts.

Any injuries sustained outside of official club training or matches will not be covered by Kilmeena GAA Club

CLUB PHYSIOTHERAPISTS

Club Physiotherapists for the 2026 season:

John Reilly - Westport Physiotherapy and Acupuncture Clinic
Julie Moore - Body Balance Physical Therapy
Peter Marley - Solas Physiotherapy